Literatuurlijst lezing KNGF “Zo pas je voetentraining toe in jouw praktijk”

Richtlijnen

Algemeen
3. Larsen, C. Füsse in guten Händen. 3e druk. Thieme, 2014
5. McKeon Patrick O., PhD, ATC, CSCS,*, François Fourchet, PT, PhDb. Freeing the Foot: Integrating the Foot Core System into Rehabilitation for Lower Extremity Injuries. Clinics in Sports Medicine - April 2015
6. Myers, T.W. Anatomy Trains. p 91-100. 2010
12. Strength adaptations to resistance training (bron:https://www.unm.edu/~lkravitz/Article%20folder/resistben.html)
**Voetspieren**


**Effect van schoeisel**


**Hallux valgus**


24. Takayuki Hashimoto en Keishoku Sakuraba, Assessment of Effective Ankle Joint Positioning in Strength Training for Intrinsic Foot Flexor Muscles: A Comparison of Intrinsic Foot Flexor Muscle

Hallux limitus/rigidus
1. Fiona Hawke, Vivienne Chuter. Forefoot Entities. , in Management of Chronic Conditions in the Foot and Lower Leg, 2015


**Fasciitis Plantaris**


Voorvoetklachten
2. Lee et al. Comparison of the pressure-relieving properties of various types of forefoot pads in older people with forefoot pain Journal of Foot and Ankle Research 2014, 7:18
4. GORDON E. DOXEY. Management of Metatarsalgia with Foot Orthotics JOSPT MayJune 1985